

BOOK REVIEWS

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Browse's Introduction to the Symptoms and Signs of Surgical Disease (4th edn)

NORMAN BROWSE, JOHN BLACK, KEVIN BURNAND, WILLIAM THOMAS

EXTENT P/H 486 p, paperback

REVIEWER John Lowry
STAR RATING *****

The preface to the first edition of this book, published 28 years ago, expressed surprise that some students present themselves for qualifying examinations unable to take a history or conduct a physical examination in a way that is likely to detect all the abnormal symptoms and signs. It also pointed out that it is essential for them to realise that the major part of medical education is an apprenticeship where watching and listening to someone more experienced is followed by practice under supervision. Essentially, a strict ritual when taking a history and performing an examination must remain a vital component of clinical education to accelerate diagnosis and avoid errors and omissions. Indeed, the book is designed to accompany the student through this as a ward-round 'teach-book' rather than a library-shelf textbook.

In this fourth edition, the distinguished principal author has invited three eminent colleagues to join him, each active not only in clinical practice but also experienced in examination and assessments, and they are to be congratulated on the result. They have extensively revised and, where appropriate, combined each of the progressively updated original chapters and introduced a new one on the all important symptoms, signs and emergency management of major injuries. In addition, the chapters on the breast, muscles and bones have been completely rewritten. Nevertheless, the original systematic approach and style has been maintained.

The first chapter on history taking and clinical examination sets the tone for the whole book, emphasising a careful, methodical approach, always giving the patient complete attention and never taking short cuts. After the new second chapter on trauma, the subsequent 16 cover sequentially and logically the major anatomical areas.

The book is beautifully illustrated with high-quality photographs, including 150 new ones, and colour line diagrams, each succinctly annotated. The illustrations generally appear on the same page as the text to which they refer, thereby avoiding the need to search one or two pages on either side as is so often the case. I particularly liked the representation of the history of pain in graphical format and also in the clinical examination section a series of diagrams

that provide a helpful foundation in understanding basic clinical signs. Another helpful feature is the inclusion throughout the book of revision panels, summarising the important aspects of, for example, examination, causes and classifications. The index is comprehensive and there is clear cross-referencing when appropriate between chapters.

Although initially aimed at undergraduate medical students, there is no doubt that it should be read and re-read by basic surgical trainees preparing for the MRCS examination. Higher surgical trainees will also find it provides a helpful aide-memoire for areas outside their immediate specialist field, as will, I suspect, more senior colleagues faced with the odd clinical feature that they may not have seen for some time. At £26.99, it represents extremely good value and I would strongly recommend it to all medical students and surgical trainees, both young and old.

Atlas of Human Anatomy and Surgery: The Complete Coloured Plates of 1831–1854

JEAN-MARIE LE MINOR, HENRI SICK

EXTENT P/H 714 p, hardback

REVIEWER John Lowry
STAR RATING *****

This book is essentially a tribute to Jean Babtiste Marc Bougery (1797–1849) who together with Nicolas Henri Jacob (1782–1871), a student of the French painter Jacques Louis David, wrote and illustrated an eight-volume treatise *Atlas of Anatomy* over two decades, commencing in 1831, the final one of which was not published until five years after Bougery's death.

This reprint, reproduced from an original copy in the possession of Simon Finch, includes the complete set of 726 colour plates. It is beautifully produced in large folio format on high-quality paper and delivered in an outer protective cardboard carrying case. The press release by no means exaggerates the fact that 'Jacob's spectacular handcoloured, life-size lithographs are remarkable for their clarity, colour and aesthetic appeal, reflecting a combination of direct laboratory observation and illustrative research'. Indeed, few would argue that 'the images are to this day unsurpassed in anatomical illustration'. Their accuracy, even taking into consideration an element of artistic and presentational licence, is most impressive. I guess they would even be valued by the modern medical student and basic surgical trainee, perhaps now less privileged than earlier generations who had the opportunity to study anatomy in greater depth.